



ChoosingDialysis

Empowering Patients On Choices for Renal Replacement Therapy

	Hemodialysis (HD)	Peritoneal Dialysis (PD)
Treatment Basics	<ul style="list-style-type: none">• Uses a machine to clean the blood• Performed in a specialized dialysis center• Health care team does the treatment	<ul style="list-style-type: none">• Uses the peritoneum to clean the blood• Performed at home or wherever the patient is (example: workplace, vacation)• Patient does the treatment
Schedule	<ul style="list-style-type: none">• Typically 3 times per week• Typically 3-5 hours per session	<ul style="list-style-type: none">• Every day• CAPD is usually done 3 to 4 times each day. Each exchange takes about 30 minutes. APD is done while the person sleeps, usually for 8 to 12 hours.
Side Effects	<ul style="list-style-type: none">• Pain from inserting needles• Changes in blood pressure• Cramping• Feeling tired and washed out	<ul style="list-style-type: none">• Full belly• Changes in bowel movements• Weight gain• Trouble with sleeping
Daily Life	<ul style="list-style-type: none">• Transportation to the center• Travel out of town	<ul style="list-style-type: none">• Clean environment• Space for supplies• Travel out of town